

Health at a Glance: Europe 2024

State of health in the EU cycle



Life expectancy has rebounded post pandemic, but large gaps persist

Life expectancy at birth, in years

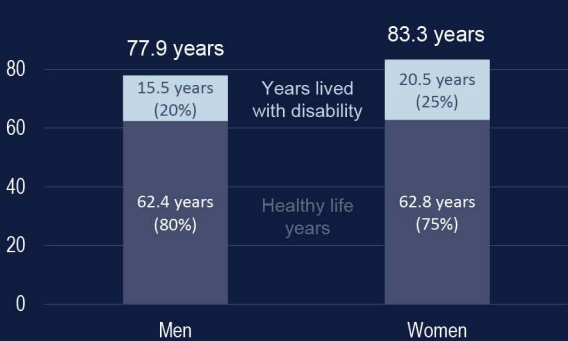


In 2023, EU life expectancy was 81.5 years, but an 8-year gap remains between the highest and lowest countries.

Source: Eurostat

Women live longer than men, but extra years may come with health issues

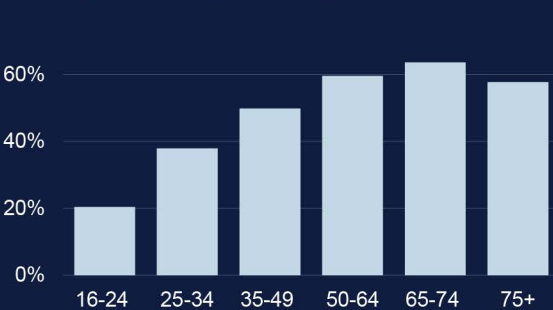
Life expectancy by gender in the EU, in years



Source: Eurostat (2022)

Reducing excess weight is important for healthy ageing

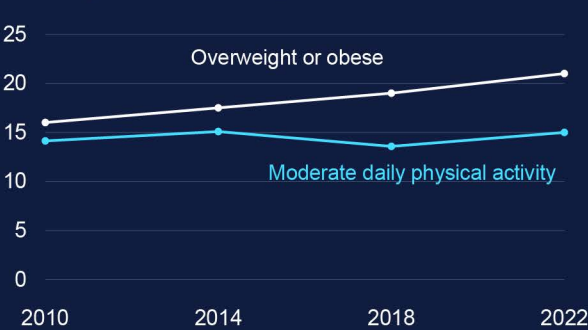
Overweight and obesity rate among adults in the EU, by age



Source: EU-SILC (2022)

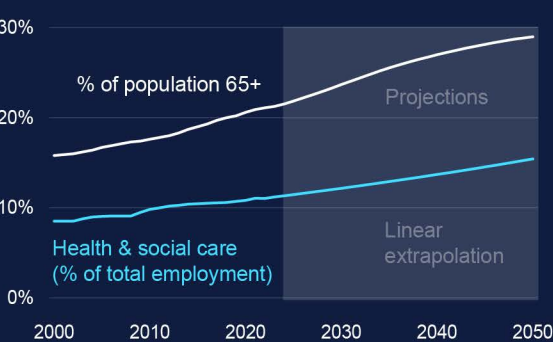
More children are overweight and obese while physical activity remains flat

% of 15 year-olds, EU average



Source: HBSC

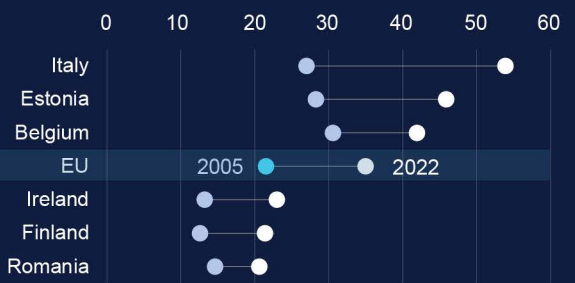
EU's health workforce struggling to keep up with ageing population



Source: Eurostat and OECD

An ageing medical workforce requires additional training and longer working lives

% of doctors aged 55 years and over



Over a third of doctors are at least 55 years old and therefore can be expected to retire in the coming decade.

Source: OECD Health Statistics